
















June 2010

Mon	Tue	Wed	Thu	Fri
Jitney Pick-Up Service		Jitney Pick-Up Service	Jitney Pick-Up Service	
 Peoples Choice June 1 - 18	1 9 - 1 Pottery Studio 9:00 Walking Club 9 - 1 Woodworking 9:30 Stretch, Flex & Tone-Chair Exercise 9:45 Too Fit to Quit/Exercise 10 - 12 Tai Chi (10 Beg. 11-Int) 10 - 12 Painting - Open Studio 10 Singing 10:30 Dancercise 11:30 Lunch 12:00 Open Dance 12 Open Art Studio	2 9 Ceramics Studio 9 Scrabble/ Game Play 10 Yoga 10 Silk Scarf Painting Workshop 11 Lunch 12 Mah Jongg 12 Woodcarving 12 Open Art Studio 1 Bingo 1 Table Tennis	3 9 Ceramics 9 Woodworking 9 Walking Club 9 Quilting & Sewing 9 Comm. on Aging 9:30 Intro. to Computers 9:30 Chair Exercise 9:45 Too Fit to Quit 10:30 Musical Memories 11 - 4 Open Bridge 11 Lunch 11:30 Canasta 11 Mah Jongg 12:15 Sign Language	4 9 -11 Pottery Studio 9-12 Table Tennis 9:30 Shopping Trip: Wal-Mart 11 Pool Walking 11 Lunch 11 - 3 Mah Jongg 12 - 4 Open Art Studio 12 Computer Lab 12 Clay Hand building 12 - 5 Massage by Appointment 1 Quilting Class
7 9 Ceramics 9 Woodworking 9 Table Tennis 9 Tai Chi Open Practice 10 Spanish 10 Bridge-Open Play 10 Chair Yoga 11 Healthy Aging 11 Lunch 12 Mah Jongg 1 Bingo People's Choice Exhibit	8 9 - 1 Pottery Studio 9:00 Walking Club 9 - 1 Woodworking 9:30 Stretch, Flex & Tone-Chair Exercise 9:45 Too Fit to Quit/Exercise 10 SAVVY Trip: Zoo 10 - 12 Tai Chi (10 Beg. 11-Int) 10 - 12 Painting - Open Studio 10 Singing 10:30 Dancercise 11:30 Lunch 12 Open Dance 12 Open Art Studio People's Choice Exhibit	9 9 Blood Pressure Screening 9 Ceramics Studio 9 Scrabble/ Game Play 10 Silk Scarf Painting Workshop 10 Smart Money 10 Yoga 10 HopeKeepers Support Group 10 Lunch 11 Mah Jongg 12 Woodcarving 12 Open Art Studio 12 Bingo 1 Table Tennis People's Choice Exhibit	10 9 -12 Ceramics 9 - 1 Woodworking 9 Walking Club 9:30 Intro. to Computers 9:30 Chair Exercise 9:45 Too Fit to Quit 10 Oriental Brush Painting –New Series 10:30 Musical Memories 11 - 4 Open Bridge 11 Lunch 11 Mah Jongg 11:30 Canasta 12 Sign Language People's Choice Exhibit	11 9 -11 Pottery Studio 9-12 Table Tennis 9:30 SCAC Meeting 10:45 Computer Learning Center Meeting 11 Pool Walking 11 Lunch 11:30 Mah Jongg 12 - 4 Open Art Studio 12 Computer Lab 12 - 5 Massage by Appointment People's Choice Exhibit
14 9 Ceramics 9 Woodworking 9 Spanish 9 Table Tennis 10 Bridge-Open Play 10 Chair Yoga 10 Spanish 11 Lunch 12 Mah Jongg 1 Bingo 1 Computer Maintenance 1 Classic Movies	15 9 - 1 Pottery Studio 9 - 1 Woodworking 9:00 Walking Club 9:30 Stretch, Flex & Tone-Chair Exercise 9:45 Too Fit to Quit/Exercise 10 - 12 Painting - Open Studio 10 - 12 Tai Chi (10 Beg. 11-Int) 10 Singing 10:30 Dancercise 11:30 Lunch 12 Open Art Studio 12 Open Dance People's Choice Exhibit	16 9 Ceramics Studio 9 Scrabble/ Game Play 9 Table Tennis 9 Cell phone Training 10 Yoga 11 Lunch 11:30 SAVVY Singles 12 Mah Jongg 12 Woodcarving 12 Open Art Studio 12 Bingo 1 Table Tennis	17 9 - 12 Ceramics 9 - 1 Woodworking 9 Walking Club 9 Quilting & Sewing 9:30 Chair Exercise 9:45 Too Fit to Quit 9:30 55 Alive Driving 10 Oriental Brush Painting 11 - 4 Open Bridge 11 Lunch 11 Mah Jongg 11:30 Canasta 12:15 Sign Language 2 Mayors Comm. On Disabilities	18 9 -11 Pottery Studio 9 - 12 Table Tennis 10 55 Alive Driving 11 Pool Walking 11 Lunch 11 - 3 Mah Jongg 12 - 4 Open Art Studio 12 Computer Lab 12 Clay Hand building 12 - 5 Massage by Appointment 1 Quilting Class Raffle Drawing
21 9 Ceramics 9 Woodworking 9 Table Tennis 9 Tai Chi Open Practice 10 Bridge-Open Play 10 Spanish 10 Chair Yoga 11 Lunch 12 Mah Jongg 1 Bingo 1 Computer Maintenance	22 9 - 1 Pottery Studio 9 - 1 Woodworking 9:00 Walking Club 9:30 Stretch, Flex & Tone-Chair Exercise 9:45 Too Fit to Quit/Exercise 10 - 12 Tai Chi (10 Beg. 11-Int) 10 - 12 Painting - Open Studio 10 Singing 10:30 Dancercise 11:30 Lunch 12 - 1:30 Open Dance	23 9 Ceramics Studio 9 Scrabble/ Game Play 10 Hopekeepers 10 Yoga 11 Lunch 12 Mah Jongg 12 Woodcarving 12 Open Art Studio 1 Bingo 1 Table Tennis Farmer's Market Registration 10:30 - 1	24 9 -12 Ceramics 9 - 1 Woodworking 9 Walking Club 9:30 Exercise 9:45 Too Fit to Quit 10 Oriental Brush Painting 10:30 AARP meeting 11 - 4 Open Bridge 11 Lunch 11 Mah Jongg 11:30 Canasta	25 9 - 11 Pottery Studio 9 - 12 Table Tennis 11 Pool Walking 11 Lunch 11 - 3 Mah Jongg 12 Computer Lab 12 - 4 Open Art Studio 12 - 5 Massage by Appointment 26 8:30 Summer Sizzler
28 9 Ceramics 9 Woodworking 9 Table Tennis 9 Tai Chi Open Practice 10 Bridge-Open Play 10 Spanish 10 Chair Yoga 11 Lunch 11 Mah Jongg 1 Bingo	29 9 - 1 Pottery Studio 9 - 1 Woodworking 9:00 Walking Club 9:30 Stretch, Flex & Tone-Chair Exercise 9:30 Intro. To Computers 9:45 Too Fit to Quit/Exercise 10 - 12 Tai Chi (10 Beg. 11-Int) 10 - 12 Painting - Open Studio 10 Singing 10:30 Dancercise 11:30 Lunch 12 - 1:30 Open Dance 2 Triad	30 9 Ceramics Studio 9 Scrabble/ Game Play 10 Yoga 11 Lunch 12 Mah Jongg 12 Woodcarving 12 Open Art Studio 1 Bingo 1 Table Tennis Summer Fun Day	 SUMMER SIZZLER SIDEWALK SALE Saturday, June 26th AT THE MASONIC TEMPLE	

July 2010

Mon	Tue	Wed	Thu	Fri
Jitney Pick-Up Service				
 				
Jitney Pick-Up Service				
<p>5</p> 	<p>6</p> <p>9 - 1 Woodworking 9:00 Walking Club 9:30 Stretch, Flex & Tone- 9:45 Too Fit to Quit/Exercise 10-12 Painting -Open Studio 10-12 Tai Chi (10- Beg. 11-Intermediate) 10 Singing 11:30 Lunch 12 Open Dance 12 Open Art Studio</p>	<p>7</p> <p>9 - 12 Ceramics Studio 10 Scrabble/ Game Play 10 Yoga 11 Lunch 12 Open Art Studio 12 - 4 Mah Jongg 12 Woodcarving 1 Bingo 1 Table Tennis</p> 	<p>8</p> <p>9 Ceramics 9 - 1 Woodworking 9 Walking Club 9:30 Stretch, Flex & Tone-Chair Exercise 9:45 Too Fit to Quit/Exercise 10:30 Musical Memories 11 - 4 Open Bridge 11 Lunch 11:30 Canasta 11 Mah Jongg 12:15 Sign Language</p>	<p>2</p> <p>9 - 11 Table Tennis 9-12 Pottery Studio 9:30 Jitney Shopping Trip: SAV A LOT 11 - 3 Mah Jongg 11 Pool Walking 11 Lunch 12 Computer Lab 12 - 4 Open Art Studio 12 - 5 Massage by Appointment 1 Quilting Class</p> 
<p>12</p> <p>9 Ceramics 9 Woodworking 9 Table Tennis 9 Tai Chi Practice 10 Bridge-Open Play 10 Chair Yoga 10 Spanish 11 Lunch 12 Mah Jongg 1 Classic Movies 1 Bingo 2 Ceramics Camp</p> 	<p>13</p> <p>9 - 1 Pottery Studio 9 - 1 Woodworking 9 Savvy Trip: 9 Walking Club 9:30 Stretch, Flex & Tone 9:45 Too Fit to Quit/Exercise 10-12 Intermediate Painting 10-12 Tai Chi (10- Beg. 11-Intermediate) 10 Singing 11:30 Lunch 12 - 1:30 Open Dance 12 - 4 Open Art Studio</p> 	<p>14</p> <p>9 Blood Pressure Screening 9 -12 Ceramics Studio 9 - 12 Scrabble/ Game Play 10 Yoga 10 HopeKeepers Support Group 10 Smart Money 11 Lunch 12 Mah Jongg 12 Woodcarving 12 - 4 Open Art Studio 1 Bingo 1 Table Tennis</p> 	<p>15</p> <p>9 Ceramics 9 Woodworking 9 Walking Club 9 Quilting & Sewing 9:30 Stretch, Flex & Tone-Chair Exercise 9:45 Too Fit to Quit/Exercise 9:30 55 Alive Driving 11 - 4 Open Bridge 11 Lunch 11:30 Canasta 11 Mah Jongg 12:15 Sign Language 2 Ceramics Camp</p>	<p>16</p> <p>9 Table Tennis 9-12 Pottery Studio 9:30 55 Alive Driving 11 - 3 Mah Jongg 11 Pool Walking 11 Lunch 12 Computer Lab 12 - 2 Clay Handbuilding 12 Open Art Studio 12 - 5 Massage by Appointment 1 Quilting Class</p>
<p>19</p> <p>9 Ceramics 9 Woodworking 9 Table Tennis 9 Tai Chi Practice 10 Bridge-Open Play 10 Chair Yoga 10 Spanish 11 Lunch 12 Mah Jongg 1 Bingo 2 Ceramics Camp</p> 	<p>20</p> <p>9 - 1 Pottery Studio 9 - 1 Woodworking 9 Walking Club 9:30 Stretch, Flex & Tone-Chair Exercise 9:45 Too Fit to Quit/Exercise 10-12 Intermediate Painting 10-12 Tai Chi (10- Beg. 11-Intermediate) 10 Singing 11:30 Lunch 12 - 1:30 Open Dance 12 - 4 Open Art Studio 2 Triad</p>	<p>21</p> <p>9 Cell phone Training 9 - 12 Ceramics Studio 9 - 12 Scrabble/ Game Play 10 Yoga 11 Lunch 11:30 SAVVY Meeting 12 Mah Jongg 12 Woodcarving 12 - 4 Open Art Studio 1 Bingo 1 Table Tennis</p> 	<p>22</p> <p>9 - 12 Ceramics 9 Walking Club 9 - 1 Woodworking 9:30 Stretch, Flex & Tone-Chair Exercise 9:45 Too Fit to Quit/Exercise 11 - 4 Open Bridge 11 Lunch 11:30 Canasta 11 Mah Jongg 2 Ceramics Camp</p>	<p>23</p> <p>9 - 11 Table Tennis 9-12 Pottery Studio 9:30 Jitney Trip: Farmer's Market 11 Mah Jongg 11 Pool Walking 11 Lunch 12 Computer Lab 12 Open Art 12 - 5 Massage by Appointment</p> 
<p>26</p> <p>9 Ceramics 9 Woodworking 9 Table Tennis 9 Tai Chi Practice 10 Spanish 10 Chair Yoga 10 Bridge-Open Play 11 Lunch 12 Mah Jongg 1 Bingo 2 Ceramics Camp</p> 	<p>27</p> <p>9 Pottery Studio 9 - 1 Woodworking 9:00 Walking Club 9:30 Stretch, Flex & Tone-Chair Exercise 9:45 Too Fit to Quit/Exercise 10-12 Intermediate Painting 10-12 Tai Chi (10- Beg. 11-Intermediate) 10 Singing 11:30 Lunch 12 Open Dance 2 Triad</p>	<p>28</p> <p>9 - 12 Ceramics Studio 9 - 12 Scrabble/ Game Play 10 Yoga 10 HopeKeepers Support Group 11:30 Lunch 12 Mah Jongg 12 Woodcarving 1 Bingo 1 Table Tennis</p> 	<p>29</p> <p>9 Ceramics 9 Walking Club 9 - 1 Woodworking 9:30 Stretch, Flex & Tone-Chair Exercise 9:45 Too Fit to Quit/Exercise 11 - 4 Open Bridge 11 Lunch 11:30 Canasta 11 Mah Jongg 2 Ceramics Camp</p>	<p>30</p> <p>9 - 11 Table Tennis 9-12 Pottery Studio 11 Mah Jongg 11 Pool Walking 11 Lunch 11 Computer Lab 12 Open Art 12 - 5 Massage by Appointment 12 Clay Handbuilding</p>